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# Research on the Dilemma and Practical Path of College Students' Labour Education in the New Era

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**Abstract:** Labour education is an education that enables students to establish a correct attitude towards labour, love labour and develop labour habits. At present, the difficulties in the implementation of college students' labour education lie in the fact that college students' labour awareness is weak, schools do not pay enough attention to labour education, and the society does not give enough guidance to labour education. The purpose of this paper is to explore a path of college students' labour education practice, to help college students establish correct labour values.

**Keywords:** University Students; Labour Education; Practical Path

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## 1. The dilemma of labour education for university students in the new era

### 1.1 Low labour awareness among university students

Labour is the essential activity of human beings, and labour is the basis of all other human activities; glorious labour and great creation are important interpretations of the laws governing the progress of human civilization. Establishing morality and nurturing people is the fundamental task of education in the new era. Labour education plays an irreplaceable and important role in establishing morality and promoting the all-round development of college students. The labour values of college students not only have a direct impact on their usual study and life, but also have a bearing on their employment tendency, value orientation and other spiritual qualities when they go out into society.<sup>[1]</sup> College students in the new era must be made to bear in mind that labour is the source of all social wealth and the only means of realizing life's ideals. However, under the influence of the idea of exam-oriented education, intellectual education has always been at the core of education, the dialectical and unifying relationship of the "five education" is often only lip service, labour education is actually marginal, and college students are slowly diluting the concept of labour. On the one hand, objectively speaking, due to the limitations of traditional Chinese ideology and culture, college students do not know labour accurately enough, and do not set up accurate labour values. Environment plays a very important role in a person's growth, and a good environment is the foundation for a child to form a correct thought and an excellent personality. Human ideology and behaviour are generated in a certain social environment. Chinese society has been focusing on mental labour, and even has the concept of belittling labour and looking down on working people, which has led to the fact that college students have not really internalized the labour consciousness in their hearts and externalized it in their behaviours, and have attached importance to grades but neglected morality, and have attached importance to theories but neglected the cultivation of labour skills, and have a weak labour consciousness. On the other hand, from the subjective point of view, college students are mostly only children, and have been nurtured as hothouse flowers since childhood, which has caused young students to have a greater dependence on their parents, and they are not willing to take responsibility in the school and other social groups, and lack the ability to live independently. At home, they do nothing but wash dishes and pots and pans, and at school, they do not even know how to clean or wash clothes, which has weakened and diluted labour education and affected the recognition of labour education by university students.

### 1.2 Insufficient attention to labour education in schools

The development of labour education not only depends on society and family, but also plays the role of school. Entering the new era, the development of labour education in colleges and universities plays an important role in improving the labour literacy and labour ability of college and university students. Labour education and education in colleges and universities are closely connected, and a perfect curriculum system is an important support to improve the level of college students' labour education. The curriculum system of colleges and universities in terms of morality, intelligence, physical fitness and aesthetics is constantly improving, but the curriculum system in terms of labour education is still relatively weak, revealing some problems. For one thing, labour education is in a single form. Some colleges and universities only take

college students' intellectual education as a teaching goal to complete, without recognising that brain wisdom and physical labour are complementary to each other, ignoring the application of the effect of labour education. Even though some colleges and universities have opened labour education courses and prepared labour education materials, labour courses in colleges and universities are usually elective courses, and the teacher's lectures are still the only form of teaching and lack of interaction with students, which makes it difficult to mobilise students' enthusiasm in the classroom and leads to low teaching efficiency. At the same time, the content of labour education in colleges and universities is boring, single form, the teaching content is mostly boring theoretical knowledge, no relevance and innovative, not conducive to cultivate the good quality of optimism and love of labour in a pleasant way. Secondly, the teacher team in colleges and universities is weak and lacks professional labour education teachers. Teaching staff affects the effectiveness of labour education. In daily practice, the curriculum construction of labour education is still a weak link in the education and teaching work of colleges and universities. Some colleges and universities do not deeply grasp the nurturing value of labour, and take labour education only as a second classroom activity, and often the class teacher or counsellors act as the teachers of labour activities, replacing the curriculum of labour education with the labour activities of college students in the second classroom, which is not professional enough in the teaching methodology and the teaching form. In addition, the teachers do not receive professional training in labour education before the classes, and most of them teach by studying the textbooks, consulting the materials and their own knowledge reserves, which makes it impossible for them to provide professional labour education to students. The lack of a professional teaching team for labour education means that college students do not receive a combination of point and face guidance in the process of labour education, leading to a distorted view of labour and neglect of the role of labour in educating people.

### **1.3 Insufficient social guidance on labour education**

Labour is both the basis of human existence and the source of power for human development. In terms of establishing moral education, if students want to develop in an all-round way, moral, intellectual, physical, social, aesthetic and labour skills are indispensable, so labour education in colleges and universities is one of the necessary ways for students to grow up. College students, as young people of the new era cultivated by colleges and universities for the comprehensive development of morality, intelligence, physicality, aesthetics and labour, need to have a high level of labour ability. Through labour education, college students can experience the joy of creating a better life through labour and the social awareness that there is no distinction between noble and lowly labour, so that they can love labour more, respect ordinary workers more, and cultivate the labour spirit of thrift, struggle, innovation and dedication; and they can practice the basic labour ability to satisfy the needs of survival and development, and form good labour habits. Influenced by some traditional cultures and concepts, the lack of labour knowledge and skills has become a common deficiency of Chinese college students, and the practical training of college students is generally not in place, resulting in the lack of students' abilities, which affects employers in recruiting suitable graduates with labour skills. Society is the extension and expansion of labour education, and the support and cooperation at the social level is indispensable for the sustainable development of university students' labour education. However, in terms of the current situation of college students' labour, at present, colleges and universities carry out labour education without linkage with families, enterprises and society, without forming effective home-school linkage, school-enterprise alliance, without fully tapping into the social support resources, and there exist many problems that cannot be ignored. For one thing, there is a lack of good teaching guarantees to support labour education in schools. Enterprise companies, factories and other social organisations have not fulfilled the social responsibility of labour education well, providing more and better labour practice opportunities and places for contemporary college students to participate in productive labour. Secondly, the labour education carried out by colleges and universities has not formed an effective school-enterprise linkage. In social labour education, the society does not provide enough support in expanding labour education practice places through multiple channels. Even if the university and the university jointly educate students through activities such as enterprise cognition and internship training, there is still a lack of in-depth labour practice, which fails to create a good atmosphere of respect for and love of labour in society as a whole.

## **2. Practical path of labour education for college students in the new era**

### **2.1 Improvement of the labour education curriculum**

The curriculum is an important vehicle and form of labour education in higher education. The classroom position is labour education in the collective by listening to lectures. The setting of the labour education curriculum system is different from the general curriculum system, and colleges and universities should do a good job of planning carefully, enriching the content and form of labour, combining theory and practice, and embodying both theoretical and openness, as well as practicality and pertinence, so as to enable college students to set up a correct concept of labour. First of all, integrating excellent labour culture into the labour education curriculum will help to enhance the labour literacy of college students. Specifically, colleges and universities can take May Day, Arbor Day and other major festivals as an opportunity to carry out labour day or labour week activities, and organize students to carry out campus cleaning, so that the knowledge and skills mas-

tered by students can be used in labour practice, thus enriching students' labour experience. Secondly, follow the law of labour education and student growth and success, and set up a special curriculum system for cultivating specialists. Such as agricultural and forestry school breeding, experimental field, handmade in early childhood education, etc., so as to enhance the professional skills and innovation ability of college students. Finally, the power of role models should be actively played. We should invite model workers, outstanding alumni and other labour role models to campus to share the importance of promoting the spirit of labour with their own experiences, so that students recognize labour education from the bottom of their hearts. At the same time, it is necessary to give full play to the subjective initiative of students, to see the flash point in every little person, to dig out their stories, to promote and pass on the spirit of labour.

## 2.2 Utilising the fundamental role of the family in nurturing people

Labour education does not take place independently, but in synergy with all parties. As the main venue for labour education, the interaction and synergy between schools and families, society and the Government is essentially a coupling act. Therefore, it is very important to establish a multi-party synergistic, mutually beneficial and win-win operation mechanism. Family education is the first place for college students' education, and the power of education of parents as children's enlightened teachers and learning role models is incomparable. It is necessary to fully understand that labour education should be the linkage education of family education, social education and school education as well as the policy support of the government, and the absence of any party will affect the effect of education. For one thing, parents should play the function of teaching by word and example, and cultivate college students' traditional good qualities such as hard-working and courageous by the good family style of advocating labour. Parents should cooperate with the school's labour education programme, pass on the value of labour to college students through teaching and learning in daily life, and supervise them to complete the family labour education tasks on time, so as to form a three-dimensional labour education network integrating home and school. Secondly, parents should play a guiding and motivating role, guiding students to apply the professional labour skills they learnt in school, such as garment making and gardening technology, to their daily life, so that they can experience the joy of harvesting in labour, and life skills and labour skills can complement each other, thus giving full play to the synergy between home and school and creating a benign ecology of education.

## 2.3 Building a professional labour education faculty

Labour education is important for university students to practice socialist core values, inherit Chinese excellent traditional culture, and achieve the great rejuvenation of the Chinese nation. concept, inheriting the excellent traditional Chinese culture, and realising the great rejuvenation of the Chinese nation. It is of great significance to realise the Chinese dream of the great rejuvenation of the Chinese nation.<sup>[2]</sup>To strengthen labour education, political quality is fundamental, professional level is the guarantee, and teachers are the key. Carrying out labour education for college students is not an overnight task. In order to make college students' labour education take root and be effective, it is necessary for colleges and universities to establish solid safeguards and create a strong labour education teaching staff. For one thing, in terms of institutional safeguards, it is necessary to make a good top-level design in conjunction with the actual situation and form a good incentive mechanism. It can mobilize both the enthusiasm of teachers to carry out labour education and the enthusiasm of college students to accept labour education, and at the same time, it is necessary to establish the concept of safety and make risk prevention and control plans. Secondly, colleges and universities should strengthen the training and assessment of the teaching staff. Colleges and universities should increase the investment of funds for labour education, create and provide training and learning opportunities for full-time and part-time teachers, build a team of teachers with both theoretical and practical levels, enhance the professionalism of teachers, and then improve the effect of labour education. Thirdly, in terms of investment guarantee, labour education can not be accomplished only by lecturing theory in the classroom, and the specificity of its content and form determines that a large amount of human, financial and material resources are needed to carry out labour education. Therefore, the government should increase the financial support to schools, schools should also increase the investment, and should also actively seek social support, to build a combination of theoretical courses and practical training labour education curriculum model, in order to let college students really learn labour knowledge and master labour skills.

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