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Feasibility Study on Popularization of Online Dance Education

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Abstract: Under the background of today's rapid development of life, the practice teaching course of Internet + dance is endless on the network. The implementation of "online teaching" has become a favored way of learning. According to the content of dance teaching course and the online teaching video that has appeared in the market, this paper analyzes and summarizes it.

Keywords: "Online teaching"; Feasibility; Limitations; Countermeasures

Online education is E-Learning, which uses information technology and Internet technology to carry out content dissemination and rapid learning. As the name suggests, online education is a teaching method with network as the medium. Through the network, students and teachers can carry out teaching activities even if they are miles apart. In addition, with the help of network courseware, students can also study anytime and anywhere, truly breaking the restrictions of time and space, for busy work, learning time is not fixed for the workplace network distance education is the most convenient way to learn.

Compared with other disciplines, learning dance online is more challenging. 1. Teaching space and technology; The limitation of the site, the lack of necessary hardware facilities such as floor glue, pole and mirror; Choice of teaching media: Live broadcast software, video platform, communication platform, etc. Which media is more conducive to meeting the challenges of online dance education? Two: the main body of teaching activities - students without the urging of the teacher around will inevitably be lazy, not serious learning dance movements. The impact of online teaching mode itself: When students face the impact of insufficient dance space, lack of learning environment and various sudden unstable factors of online teaching platform, how to ensure students' learning enthusiasm and learning effect? With these questions and challenges, we carried out the practice and analysis of the subject. The online dance teaching can be roughly divided into two parts: MOOCs learning and live classroom learning.

1. MOOC learning

At present, the most direct and convenient way to learn at any time is MOOCs. There are endless online courses on the market. How to choose the most suitable course for yourself provides a broad space for learners and dance lovers to think and practice. Mooc is a massive open online course model that has been hailed as "the biggest innovation in education since the invention of printing" and can reach a wide range of audiences, up to 100,000 people.

In 2013, MOOCs officially landed in China. From the initial popularity of some top domestic universities joining the US MOOCs platform to the attempt to build a local MOOCs platform, China's MOOCs have made certain achievements in the development and promotion of platforms to related scientific research and theoretical research, especially in engineering, science, literature and other disciplines. On April 9, 2019, the first China MOOCs Conference with the theme of "Recognizing change, Adapting to Change" was held in Beijing. According to the data of the conference, 12,500 courses have been launched in China, more than 200 million students have studied, and more than 65 million college students have obtained MOOCs credits, ranking first in the world in terms of quantity and application scale.

Although the official landing of MOOCs in China has been widely used in other disciplines, the survey shows that dance courses are still in the initial stage of MOOCs construction, and most dance professional courses have not started MOOCs construction so far. Since 2017, the number of dance and art MOOCs released on the MOOCs platform has shown a trend of doubling year by year, and the MOOCs system covering all disciplines and professional directions is gradually established and developed. However, it has to be admitted that no matter the overall number of online courses or the number of national high-quality online open courses, the performance of art colleges is not ideal, and only 3 courses are set up, accounting for 5% of the total number of dance MOOCs. Therefore, the development of MOOCs in art disciplines is far from enough.

Through the investigation of different MOOCs platforms, it can be seen that the learning mode and teaching links of dance MOOCs will reflect their own characteristics and differences according to the overall course design of each major MOOCs platform, but they also have many commonalities. Different MOOCs will divide the content clip of a class into several videos according to the internal relationship between knowledge points, and short and precise teaching videos become the highlights of MOOCs. The videos of dance MOOCs are mostly in the form of class recording, which are carried out through the course purpose, combination display, decomposition of movements, explanation of important and difficult points, and the presentation of local movements and complete dance gestures in the videos from multiple perspectives. Among them, the action points explained by the teacher will appear in the form of text in the video, and learners can practice by referring to the action demonstration and text explanation in the video.

2. Live classroom learning

The traditional teaching of dance majors is based on collective small class teaching (the number of students is mostly between 8 and 20), while the "online live dance teaching" mainly uses various live broadcasting methods such as "wechat Conference", "Dingding" and "Tencent Conference" as teaching platforms. Although the page display of different platforms is different, it is usually 4-9 people. Teachers need to switch back and forth in the process of teaching movements, checking movements and guiding movements. It is difficult to see students' dance movements completely by clicking on a large window view. Therefore, in the selection of live courses, try to avoid live classes with many people, and it is best to give one-to-one guidance, so that teachers can fully see the texture of students' movements, so that they can better guide dance movements. Under the background of the rapid development of computer technology, cloud computing service platform comes into being. "Cloud computing" simplifies network interaction and provides basic software and hardware for online dance education. However, whether it is MOOCs or live courses, there are still some advantages and disadvantages.

3. Feasibility of online teaching

"Online dance instruction" is a new species. This kind of technology has become more and more mature in recent years, and live dance classes have many advantages that traditional dance classes do not have, such as convenience and timeliness, high information integration efficiency, optimized resource allocation, and low cost. The live dance class has gained the students' love and pursuit by virtue of its many advantages.

3.1 Convenient, affordable and time-efficient

The live dance class breaks through the time limit and is more convenient, time saving and money saving. For dance training at the same level, the cost of online dance teaching is much cheaper than that of physical classes, mainly because it saves a lot of time costs and transportation costs, especially in big cities. On the "online" can save the time to go to the physical store, very convenient. Others have just arrived at the physical store, you have finished the online class perfectly, the class is over. Therefore, in contrast, live dance classes are not only economical, but also convenient and time-sensitive.

3.2 Sharing of dance education resources

Without leaving home, you can learn to dance with a famous teacher. Live dance teaching can make full use of excellent teachers, make up for the lack of dance teaching resources in some areas, and allow more people to enjoy better dance education at a lower price. Whether you are in the economically developed first-tier cities, or in the relatively backward economic level of cities and villages, you can use the network platform, choose the class you want to take, online dance learning through the Internet, and dance teachers interact on the network platform. This new teaching mode not only gets rid of the limitation of time, but also gets rid of the constraint of space, and realizes the cross-regional sharing of dance education resources.

3.3 Richer content

In order to make the online dance training method accepted and loved by more people, many dance training institutions continue to innovate the teaching content and comprehensively upgrade the online live courses, making the courses more diverse, more famous teachers, more types of dance, such as popular dance, street dance, Chinese dance, Latin dance, Oriental dance and so on. Everyone can choose their favorite dance teacher and dance according to their own interests and needs. In addition, in contrast, the learning content of physical class dance inevitably needs to be repeated. It is not realistic to master the learning content by only relying on one class. Therefore, the physical dance class needs to be repeated, while the live class has playback, even if some websites do not have playback function, you can also use the screen recording function to record the teacher's teaching content, and use other fragments of time to review and consolidate, which is very helpful to improve the quality of learning.

4. Deficiency of "online dance teaching"

Although there are many advantages of live dance classes, it also has its disadvantages, such as the lag in communication, the inability to pay attention to each student's learning situation, the inability to obtain feedback in time, and the limited practice space. Dance teaching has the teaching characteristics of "speech to body", that is, the so-called movement demonstration and movement explanation are parallel, and even "body teaching" is greater than "speech", while "online teaching" happens to be the opposite. This is also the biggest challenge posed by this "online teaching" for dance teachers.

4.1 Limited classroom communication

Online teaching not only poses great challenges to dance teachers, but also poses immeasurable challenges to dance students. The biggest difficulty in online learning lies in students' limited ability to imitate. In the uniformed learning mode of offline teaching, there is no room for improvement of online imitation ability, resulting in relatively weak self-learning ability of students. Many students can not finish on time. Communication between teachers and students is also a problem. The limitation of online teaching makes the old teaching thinking become more rigid, and the teaching process becomes more and more boring without new teaching mode. The lack of interaction and communication between teachers and students makes teachers only teach knowledge, while students only passively accept knowledge, which leads to low enthusiasm of students in learning, which is also a key problem in the feasibility of online teaching.

4.2 Insufficient action correction

In the physical dance class, the teacher can give the most timely feedback and correction, and it can be corrected and adjusted face-to-face by hand, but the online live dance class cannot, which is the biggest defect of the current online live dance course. In "online dance teaching", teachers can not adopt intuitive and effective communication methods, and can not pay attention to students' learning status. Although the content published by teachers can be displayed on the live interface, and students can speak in the discussion area or view it in the form of a bullet screen, teachers cannot intuitively understand the students' learning situation, cannot see the problems existing in the students' dance movements, and cannot timely and effectively correct the students' movement problems according to the learning situation. The disadvantages of online learning are also reflected. Teachers know nothing about students' learning status and learning environment, which leads to many students being lazy. Therefore, how to improve students' status online is also a major difficulty for teachers, which requires teachers and students to work together to create a good learning atmosphere.

4.3 Security Issues

One of the problems that students must pay attention to in independent class is safety. In the face of online teaching, students cannot fully observe the standardized movements of dance teachers, and teachers cannot correct wrong movements in time. Therefore, students have a great chance to be injured in the process of completing movements. The wrong way of practice will lead to the development of students, which has great adverse factors for growth, so the safety of students is a big loophole in online teaching. Teachers must protect the lives of students.

5. Conclusion

The development of network has brought a new way of learning to the masses. The cultural needs of the masses can be satisfied in many ways. The combination of online and offline provides a better teaching method for dance teaching. Since dance is a body language, online dance classes cannot completely replace traditional dance classes, but online dance practice classes provide new ideas, new methods, new models and new opportunities for dance education.

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