

10.70711/neet.v3i6.7106

Research on the Teaching of Nursing Specialty in Higher Vocational Colleges under the Concept of Humanistic Care

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Abstract: With the continuous deepening of education reform, all majors in higher vocational colleges keep up with the pace of reform, and constantly adjust and optimize the teaching methods. Adhere to the people-oriented teaching in various disciplines, always put the development of students' ability in the first place, to achieve the effective improvement of students' comprehensive ability. In the teaching of nursing specialty in higher vocational colleges, the idea of humanistic care is an important measure to improve classroom teaching.

Keywords: Humanistic care; Higher vocational nursing major; Teach

1. Introduction

Higher vocational colleges are an important carrier to train front-line skilled personnel, and nursing is an important discipline to train front-line nursing personnel, so it has been valued and recognized by the education circle. With the continuous development of education reform, it is particularly crucial to integrate new ideas and methods into nursing teaching of higher vocational nursing specialty. Among them, it is of great significance and value to adhere to the concept of humanistic care, pay attention to students' own development as the starting point, always pay attention to students' self-growth, and carry out classroom teaching reform with students as the main body.

2. A brief description of the concept of humanistic care

The concept of humanistic care comes from a deep understanding and respect for the essence and value of human beings. It is a philosophical thought and a guiding principle for practical actions. It requires us to always put human dignity, needs and all-round development at the core in all levels and fields of society. In the field of education, the concept of humanistic care encourages educators to pay attention to the development of students' personalities, create a learning environment full of love and understanding, and enable students to thrive in an atmosphere of respect and freedom. The concept of humanistic care focuses on people's physical and mental health and emphasizes that physical and mental health is an important part of people's all-round development. In the medical field, the concept of humanistic care requires medical personnel to not only pay attention to the treatment of diseases, but also pay attention to the psychological and emotional needs of patients, and provide comprehensive care and care. Comprehensive care contributes to the patient's recovery and also reflects respect for the value of human life.^[1]

3. Present situation of nursing teaching in higher vocational colleges

In recent years, with the continuous deepening of education reform, the teaching of nursing professional education in higher vocational colleges has also undergone certain changes. However, restricted by the traditional teaching concept, there are still some defects in the current teaching of management in higher vocational colleges. For example, the teaching mode is relatively single and solidified, and there is a great disconnect between theory and practice. Or the students' practical operation is not enough attention, and the explanation of theoretical knowledge occupies a larger proportion. With the development of The Times and the progress of technology, modern teaching technology has begun to play a role in teaching. However, higher vocational colleges have not updated it in time, and the application of modern teaching technology needs to be improved. Students' desire to learn is not strong enough, which has a great relationship with teachers' teaching methods and guidance methods. Students still take academic performance and peacetime tests as the ultimate learning goal, and have not effectively improved their technical skills. To sum up, there are still many shortcomings to be improved and strengthened in the current teaching of nursing in higher vocational colleges.^[2]

4. Humanistic care concept into the teaching method of nursing specialty in higher vocational colleges

4.1 The improvement of humanistic care curriculum system

In the teaching of nursing specialty in higher vocational colleges, the corresponding curriculum system should be optimized and per-

fectured in order to effectively improve the teaching quality and highlight the people-oriented concept. We should effectively increase the proportion of humanistic care in teaching, scientifically design humanistic care courses, and create and build a superior learning environment for students. Teaching materials and textbooks are carefully selected and adjusted according to the basic teaching situation of nursing majors, and students' specific learning needs are taken as the starting point to achieve in-depth understanding and mastery, comprehensively study the development situation of hospitals, effectively understand the specific application scenarios of humanistic care concepts, and create integrated and consistent textbook versions. If the current teaching materials cannot meet the basic learning needs of students, the school will organize teachers to conduct in-depth practice and participate in the whole process of writing the teaching materials to ensure the comprehensiveness, systematicness and effectiveness of the teaching materials. Always focus on the development of students, pay attention to their various needs in learning, and effectively reflect the concept of humanistic care.

4.2 Improve the quality of humanistic care for professional teachers

The teacher is the main participant in the class, and the whole teaching activity of the students is completed by the teacher, and there is an inevitable relationship between the two. Therefore, whether teachers have professional humanistic care quality and concept is the key to realize their full integration and embodiment in the teaching of nursing specialty in higher vocational colleges. Therefore, the quality of humanistic care for teachers should be strengthened in the following aspects: First, colleges and universities should regularly organize teachers to train their professional abilities and skills, and make them clearly understand the significance of improving the quality of humanistic care, so as to present it in specific teaching practice; Secondly, in-depth practice, case analysis and research should be carried out to make it clear that current teaching is different from traditional teaching. Instead of focusing solely on knowledge teaching, more attention should be paid to the growth and development of students themselves. Only by understanding the basic situation of students can students be taught according to their aptitude and guided by the situation, effectively improve the teaching quality of the whole classroom, and realize the strengthening and improvement of students' comprehensive quality and ability. Humanistic care is an important embodiment of moral and emotional education, focusing on students' own growth and clarifying their needs^[3].

4.3 Integrate humanistic care into clinical practice

In clinical teaching, we pay attention to the effective penetration and integration of humanistic care concept, deepen students' understanding of humanistic care consciousness through teachers' active guidance and practice, and fully clarify the concrete performance and achievements of students' growth under the humanistic care concept. To carry out teaching with the concept of humanistic care, teachers should have a good understanding of students' specific teaching conditions and regularly inspect students' learning performance and situation. However, there will inevitably be differences between theoretical assessment and specific professional practice assessment. Especially in clinical teaching, teachers should take action observation and detail observation strategies to clarify students' grasp of the concept of humanistic care and whether they can effectively apply the concept of humanistic care in specific nursing work. For nursing students, after they enter the workplace, they will often communicate with patients. Whether they can effectively penetrate and apply the concept of humanistic care to the treatment, care and help of patients, and whether they can build good social relations is the key. Therefore, the shortcomings of students in the operation should be corrected immediately, and correct ideological guidance should be made to help students adjust their working mentality and methods.

4.4 Study the relevant research literature

Deepen the nursing students to clarify the specific content of humanistic care concept in medical patient nursing. Teachers should go deeper into practice, collect more relevant literature and materials, clarify the practical application methods and precautions of humanistic care concept in specific nursing work, and truly feel the relevance of people's care concept to specific work. For example, the Application of Humanistic Care Concept in Rehabilitation Nursing, written by scholars Chen Jing and Zhang Chengcheng, elaborated and analyzed the relevant contents of humanistic care concept in detail, guided students how to infiltrate it into specific work from a practical perspective, and carefully guided the working methods of nursing staff, requiring them to identify patients' personal conditions. And under the condition of permit, the superior and warm hospital environment is created for patients, and reasonable guidance is given from the psychological point of view. In nursing work, polite language should be appropriate, and actively strive for feedback and suggestions from family members according to their own work situation, to ensure that their own humanistic care concept is used effectively and targeted. Through the study and understanding of relevant literature, I can improve my knowledge level and strengthen my practical ability, so as to scientifically penetrate the content of humanistic care concept in specific work.

5. Conclusion

Under the guidance of the concept of humanistic care, nursing teaching of higher vocational nursing has realized the deep integration

of theory and practice. It not only pays attention to the accumulation of students' professional knowledge, but also emphasizes the cultivation of humanistic literacy, so that students can grasp the professional skills of ss nursing, but also can deeply understand the psychological needs and emotional states of patients. Through the integration of theory and practice, we strive to create a learning environment full of empathy and care, so that students learn in practice how to build a trusting relationship with patients and how to transfer warmth and support in the process of care. Through deepening humanistic literacy education, strengthening nurse-patient communication skills and cultivating nursing talents with high sense of responsibility and compassion. Under the guidance of the teacher, students learn how to listen to the voice of the patient and how to give the necessary psychological support and emotional care to the patient during the nursing process. Students are encouraged to apply their knowledge and skills in the face of various challenges in nursing, to provide comprehensive and meticulous nursing services with a patient-centered approach.

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