

Ruminations on Improving the Teaching Methods of Intermediate Surgical Nursing Care

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Abstracts: Surgical nursing in the nursing profession occupies a very important position, the discipline not only has a strong theoretical, but also has a strong operational, which requires timely grasp of the teaching process of the current method of the problem and to take effective teaching measures, so as to improve the efficiency of teaching and improve the quality of teaching, so as to provide more comprehensive talents for the development of clinical medical work. In view of this, this paper briefly discusses the existing problems and optimized teaching strategies of secondary surgical nursing teaching methods.

Keywords: Surgical nursing; Teaching methods; Problem

In the teaching of nursing in secondary colleges and universities, the teaching of surgical nursing is an important part, which is the key to cultivate excellent nursing talents in the country. With the continuous development of the market economy, people's demand for services is getting higher and higher. The medical and health care industry is also the same. When people see a doctor, they not only require hospitals to have a high level of medical care, but also need to have a high level of service. Therefore, in the process of training nursing talents, teachers should adapt to the changes of the times and continue to cultivate high-level nursing talents to meet the needs of the continuous development of society. For secondary schools and colleges, the quality of teachers' teaching directly affects the competitiveness of students in the job market. However, the cultivation of high-quality nursing talents is not an overnight solution, but a long-term and arduous process. Teachers in teaching, should be based on professional basic education, constantly innovate teaching methods, pay attention to the cultivation of students' basic knowledge and practical ability, and constantly explore new teaching methods to comprehensively improve students' comprehensive quality. In this paper, the author combines his own teaching experience, based on the professional knowledge of surgical nursing, and describes the way to improve the teaching effect in the teaching of surgical nursing.

1. Existing problems of teaching methods in surgical nursing

1.1 The use of teaching methods lack of overall optimization

Through a large number of surveys and analysis found that the current teaching methods of surgical nursing is still inherited from the traditional teaching mode of other courses, in the teaching content is mainly inclined to the professional theoretical knowledge of the explanation, but in the comprehensive quality of the students, independent ability, sense of responsibility, innovation and ability to cultivate and improve on the very lack of. Students are always accepting "authoritative statements", seldom to question, students are used to follow the teacher's thinking, lack of independent thinking and judgment, in the case of problems, the first thing that comes to mind is to listen to the teacher's explanations, access to solutions, in the long run, the formation of a great deal of dependence on the school and the existing knowledge. The medical field is different from other conventional courses, the content of this course is more esoteric and abstract, the type of knowledge itself is easy to make students feel fatigue and boring, if the teaching method is single, it will aggravate the students' fatigue and burnout, which will have an impact on the students' interest in learning and enthusiasm, and ultimately affect the learning effect. At present in the medical field teaching process has appeared a lot of more flexible teaching methods, common such as PBL teaching, situational teaching method, three-loop teaching methods, etc., but these teaching methods in the application process is often just a formality, not play its real value and role. For example, in the process of applying PBL teaching method, teachers grouped randomly, is still the teacher's main lecture, so the students reflect the case analysis is relatively boring, unfamiliar, do not understand the clinical case, learning is more difficult, which and the teacher's use of the PBL of the old-fashioned mechanical related.

1.2 No attention is paid to the construction of students' knowledge.

As a whole, the surgical nursing program can be viewed as a complete course system, there are causes, there are consequences, and the

links are closely linked, interlocking, the students' knowledge requires a process of building a "scaffolding", and the construction of a high place requires a solid foundation. The choice of teaching methods need to take into account the needs and foundations of students, students' learning enthusiasm, initiative in the whole teaching process plays an extremely important role. In the teaching process of the application of the three-loop teaching method, PBL teaching method are more flexible, have a very good effect of the teaching method, but in the actual application of the process should be based on students' basic knowledge and ability, the teaching environment and other aspects of a comprehensive consideration.

2. Optimization of teaching strategies

2.1 Strengthening the professional level and professionalism of surgical nursing teaching teachers

In the process of nursing teaching, teaching teachers undoubtedly play a very important role, and their professionalism and professional level are directly related to the quality of teaching. Nurses are known as "white angels", the good professional image of nursing teachers directly affects the students' professional learning ideas, through the teacher's incisive explanation of professional knowledge and skilled demonstration of specialized nursing skills, to convey to the students the professional confidence and strength of nursing professionals, in order to stimulate the students' interest in learning and enthusiasm, and to clarify their learning goals and directions. Clearly define their own learning goals and directions, and get more motivation to learn. Therefore, teaching teachers first need to strengthen the improvement of professionalism, pay more attention to and care about students' learning, focus on students, pay attention to students' interests, choose appropriate teaching methods according to students' basic abilities and personality characteristics, stimulate students' interest in learning, and fully apply the modern teaching methods to improve the teaching effect.

2.2 Raise awareness of and attach importance to students' knowledge construction

In the teaching work, teaching teachers should break the traditional teaching mode of thinking, pay attention to the cultivation of students' basic knowledge and operation ability, and teach students the method of acquiring knowledge independently when imparting knowledge. The selection of teaching methods needs to take into account all aspects such as environmental characteristics, student characteristics, etc. It can be based on the theory of constructivism, which emphasizes the process of constructing students' knowledge. Although the general teaching method occupies an important position in medical education, it is undeniable that the development of contemporary teaching requires the diversification of teaching methods, and that single teaching methods and formal teaching methods are not conducive to students' mastery of knowledge.

2.3 Optimize the teaching environment

Teaching environment is very important to improve the efficiency of teaching, in the teaching environment, first of all, we should fully introduce a variety of modern teaching equipment, realize the computer, audio, video, TV multi-network; in addition, the design of the classroom should be more flexible and humane, put the students in the main position, for example, in accordance with the "encircling" design principle, raise the students' seats layer by layer, if it is a large classroom, it should guarantee the ventilation and lighting for teachers. For example, according to the "encircling" design principle, the students' seats can be raised layer by layer, and if it is a large classroom, the ventilation and lighting of teachers should be guaranteed, and a variety of multifunctional demonstration classrooms and simulation rooms should be provided for the students, and the operation room simulation, interactive first-aid practice equipment, ICU simulation, and other activities can be flexibly carried out in the daily teaching, which can not only stimulate the students' interest in learning, but also improve the operational ability of the students.

2.4 Carefully build harmonious teacher-student relationship

In the process of classroom teaching, teachers should also build a harmonious teacher-student relationship to promote the establishment of a harmonious classroom in order to promote the improvement of classroom teaching efficiency. We know that teaching and learning can never exist independently, and the main body of teaching and learning can only get along harmoniously and form a cordial atmosphere in order to promote the sustainable and healthy development of the teaching environment. In the teaching of intermediate surgical nursing, teachers should also continue to innovate teaching methods, change the teaching atmosphere, build a harmonious teacher-student relationship, so that students can study hard and think positively in a harmonious relationship, and promote the realization of teaching results. Harmonious teacher-student relationship is the key to improve the efficiency of classroom teaching, the basis of comprehensive improvement of students' comprehensive quality, and the cornerstone of the teaching effect along the healthy direction of continuous development and progress. Therefore, in the teaching of secondary surgical nursing, teachers should be careful to build a harmonious teacher-student relationship, constantly improve the efficiency of classroom teaching, and cultivate excellent and high-quality nursing talents for the country.

3. Conclusion

To summarize, there are many problems in the teaching process of surgical nursing at present. By analyzing these problems, it can be found that the causes of these problems are mainly influenced by ideological concepts, environment and other factors. In the construction of the curriculum, teaching activities are limited by the traditional mode of thinking, purely using the "teacher talk, students listen" method, the teaching method is traditional, boring, boring, and can not arouse the interest of the students; in the construction of teaching equipment, due to the greater emphasis on the theoretical assessment, do not pay attention to the ability of practical operation, so a variety of clinical operation instruments, Simulation equipment and other equipment construction is not perfect, all of these constraints on the improvement of the efficiency of surgical nursing teaching, which has a great impact on the development of students in the future clinical field. Therefore, in the teaching process of surgical nursing, the first thing is to change the concept of teaching, detach from the traditional mode of thinking, timely understanding of the requirements of modern talents, understanding of the actual situation, the full introduction of a variety of advanced teaching methods, to strengthen the construction and improvement of teaching equipment, reasonable optimization of teaching methods and teaching content, stimulate the students' interest in teaching and improve the quality of teaching, and to deliver high knowledge level, high ability and comprehensive type of nursing teaching to the development of clinical work. We will optimize teaching methods and contents, stimulate students' interest in teaching, improve teaching quality, and deliver comprehensive talents with high knowledge level and high ability for clinical work.

References

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