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Construction and Development Strategy of General Medicine in Hospitals

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Abstracts: This paper starts from the necessity and importance of the construction of general medical department in medical institutions, puts forward the basic ideas and strategies for the construction and development of general medical department in medical institutions, and briefly discusses the content of its construction.

Keywords: General medicine; Construction; Development strategies

1. The necessity and importance of building general medical departments in medical institutions

1.1 Responding to the needs of the state to deepen the reform of the medical and health system

(2009-2011) (Guo Fa [2009] No. 12), the Planning for the Construction of Primary Medical and Health Care Teams with a Focus on General Practitioners (NDRC [2010] No. 561), the State Council's Guiding Opinions on the Establishment of a System of General Practitioners (Guo Fa [2011] No. 23), and other documents. As a clinical training base for general practitioners, the hospital carries out general medical services, and the construction of a general medical department is a response to the need to deepen the reform of the national medical and health system.

1.2 The need for medical model change

With the change of health care needs, the medical model is gradually transformed from biomedical model to bio-psycho-social medical model, and general medicine is a patient-centered bio-psycho-social medical model, which not only treats diseases, but also prevents diseases and manages health. The construction of general medicine departments systematically applies the basic theories, basic knowledge and basic skills of general medicine to continuously improve the ability of medical institutions to provide services for the prevention and treatment of common health problems and diseases, and to provide individuals, families and the community with continuous, comprehensive health services that integrate medical treatment, prevention and health care.

1.3 The need for training base construction

As a platform for the cultivation and training of the general medicine team, the training base of general medicine is the key to the training of regional general practitioners. The construction of general medicine departments in medical institutions is the foundation and necessary conditions for the training of general practitioners. The two complement each other and promote each other.

2. The main contents of the construction of general medical departments in medical institutions

2.1 Organization and management.

The hospital has charged a special department with the responsibility for the application and declaration of the discipline construction project, discipline construction development planning, discipline business management and acceptance of inspection and examination of the relevant departments.

2.2 Integration of disciplines.

It consists of a general outpatient clinic and a general ward; the hospital's general outpatient clinic consists of general diagnosis, health care and physical examination, and community services; the general ward is set up with about 20-40 beds, and, on this basis, a management organization and system for the integration of health check-ups, management of slow-onset diseases, and post-disease (post-injury) rehabilitation is set up.

2.3 Talent team building.

Gradually, through the qualification training of general practitioners, transfer training and standardized training, we have built up the

business team of the general medical department.

2.4 Improving the system of general medical care and management. standardization gradually

Improving the standard setup of personnel and equipment of the general medical section, establishing and improve the system of personnel, service evaluation and performance assessment of general medical care, strengthening the standardization, institutionalization and scientific management of general medical services, and improving the comprehensive management efficiency of hospitals gradually are required.

3. Data and Methods

Our hospital has a general practitioner with general practice occupational physician's license, bachelor's degree, intermediate title, age 33 years old.

Outpatient consultations in the hospital: the population under the jurisdiction of the hospital is about 500 000, and the annual outpatient consultation volume is about 100 000, of which more than 40 000 consultations are made by elderly people ≥ 65 years old. The number of outpatient visits for common and frequent diseases such as hypertension and diabetes is more than 30,000.

Institutional construction to establish general outpatient clinics: maintain the existing characteristics in accordance with the hospital's service and management model, and carry out people-oriented general outpatient clinic institutional construction in accordance with the requirements of the health care reform and in conjunction with the New Rural Cooperative Medical Scheme, etc., to establish general outpatient clinics in hospitals, equipped with general practitioners and clear responsibilities of general outpatient clinics and general practitioners; determine the guiding ideology of general outpatient clinics, the near-term and medium- and long-term goals of the work, relevant policies and the duties of outpatient clinics, and evaluation indicators and performance assessment systems. The work requirements of the outpatient clinics, as well as the evaluation indicators and performance appraisal system of the services. Continuously increase the financial investment, increase the investment in the construction of general outpatient facilities, due to the medical outpatient clinic in the hospital whether medical conditions or salary treatment is better than the general outpatient clinic, so the hospital leadership need to pay more attention to the general outpatient clinic and the policy tilt, the integration of hospital resources, the establishment of the implementation of the concept of general practice and the construction of service platforms; ideological education of the general practice of health care personnel, so that they can work at ease and reduce the comparison of the mentality.

Talent construction: General medicine is still a brand new discipline, and there are few general practitioners in outpatient clinics with low age and little working experience, so we should first improve the comprehensive quality of the general service team and establish a sound training system for general practitioners. Most of the current general practitioners are from clinical specialties, their knowledge structure is monotonous and they lack comprehensive knowledge of general medicine, so we need to train general practitioners who have been working in hospitals for a long time and have rich clinical experience in general medicine; For young graduates in general medicine, we should strengthen medical training in various clinical departments and common and multiple diseases, so that they can increase their work experience and better serve patients. At the same time, according to the number of residents under the jurisdiction of hospital services or outpatient clinic volume equipped with general practitioners, about 2 per 10,000 people general practitioners, the ratio of medical care for 1:1. General practitioners should be equipped with the technical title of every 10,000 people with a deputy senior or higher qualification of practicing physicians, 1 intermediate or higher occupational physician.

Enhance the concept of general practice service, and make every effort to build the concept of medical ethics in general practice clinic: general practitioners should understand the people-oriented medical concept of general practice, so they need to always bear in mind the service consciousness of "saving lives and helping the injured", strictly abide by the medical and health care laws and regulations and the rules and regulations of the hospital, and be loyal to their duties, do their duty, but also respect for patients, respect for colleagues and unity and cooperation. We also need to respect our patients, coworkers, and cooperate with each other. Ethical construction of general medicine in hospitals: treating patients equally, without differentiation based on their profession, status, wealth, etc.

General practice clinics are faced with patients with common and frequent diseases, sometimes patients inevitably have agitation, indifference and uncooperative behavior, should be sympathetic and understanding, and enthusiastic service, respect for each patient's personality, to protect their interests, and respect for the patient's right to privacy. General practice health care workers need to communicate more with patients, pay attention to the psychological state of patients, create a good communication atmosphere, give patients psychological support, and language should be skillful to avoid negative suggestive language. Therefore, health care workers in general practice clinics need to strengthen their moral cultivation and be faithful to their duties. Strengthening the publicity of general medical services: guiding residents' concepts of health awareness, enabling them to understand the concepts of knowledge and service concepts of general medicine, and to correctly choose the mode of general medical services.

4. Results

In 2009, outpatient consultations for ≥ 65 year olds in our hospital accounted for about 40% of all consultations, and common and frequent diseases accounted for about 30%. Based on the number of outpatient visits in our hospital, we should have a minimum of 20 general practitioners and 20 nursing staff.

5. Discussion

The general practitioner system has been implemented in more than 50 countries and regions in the world and has achieved promising results in improving the health system of each country, rationalizing the use of health resources, reducing medical costs, improving the health of the entire population, and meeting the needs of community residents in their pursuit of a healthy life; therefore, the specialization of general outpatient clinics and general practitioners urgently needs to be addressed.

Our hospital does not have a separate general practice clinic at present, and there is only one general practitioner. According to the number of people under the jurisdiction of the hospital and the number of consultations, the consultation of common diseases and multiple diseases, as well as the needs of patients and their families and the current medical development model of our country, the establishment of a general practice clinic is one of the most important steps in the reform of the hospital's health care system, and one of the problems that need to be solved urgently.

6. Conclusion

General practitioners are similar to "medical providers" and "managers", and their work follows a "caring" model, with responsibilities that involve both medical science and the various specialties related to this service. The work of the medical profession is based on the model of "care", which involves both medical science and the various specialized fields related to this service, and which is both scientific in nature and takes into account the satisfaction of the clients. In addition, as social progress and the population's health needs increase, the fairness, affordability and accessibility of primary health care are becoming increasingly evident, and considerations of economics have become one of the most important values of general practice, which further reflects the public interest of medicine.

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