

# The Impact of Family-Teacher Relationships on Students' Academic Progress and Enhancement Strategies

Zelin Chen

Beijing Normal University, Beijing 100875

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**Abstract:** Families and schools, as essential microenvironments for child development, must collaborate for optimal educational outcomes. China's legal recognition of home-school cooperation since 2022 underscores its growing significance. This study confirms that positive interactions between home and school enhance student performance and motivation, while also affecting their emotional well-being and school adaptability. Effective strategies such as improving communication, engaging parents, and enhancing teacher training are proposed to bolster this collaboration, thereby fostering a supportive learning environment and contributing to students' overall development.

**Keywords:** Learning attitude; The relationship between family and teacher; Teacher-student relationship; Improvement strategy

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## 1. Introduction

In the realm of education, the academic performance of students is a key concern for both parents and educators, with the home-school connection playing a crucial role in their adaptive development. Studies have shown that constructive interactions between home and school significantly enhance children's academic achievements and engagement. Parental involvement and positive teacher relationships are vital for creating a supportive learning environment, improving attendance, homework completion, and ultimately, academic success. A survey of 2,380 junior high school students and their parents supports this, noting that strong home-school cooperation significantly boosts academic performance.

Moreover, the motivational and emotional aspects of learning are pivotal to educational progress. Positive motivation and attitude are essential for students' long-term growth, with a robust home-school relationship fostering positive emotional experiences during learning. Parents' active involvement and understanding of school affairs can amplify students' motivation and instill a sense of the value of education, encouraging them to embrace challenges and enrich their educational experiences. However, dissatisfaction in parent-teacher interactions can negatively affect student motivation, underscoring the complex impact of home-school dynamics on academic development.

## 2. The interplay among the parent-teacher relationship, teacher-student relationship, and learning attitude is a complex dynamic that significantly influences educational outcomes

The study highlights the teacher-student relationship's significant impact on academic development, shaped by the home-school dynamic. When parents and teachers have a positive relationship, it strengthens children's emotional bonds with teachers and the learning environment. Conversely, the quality of the teacher-student relationship directly affects academic success. Teachers, who often initiate these relationships, must understand child development and psychology to build trust and respect, thereby improving students' adaptability in education. (Mensah & Koomson, 2020). This active communication, which affirms the teacher's educational efforts and addresses issues in child education in a timely manner, is also vital for nurturing a positive home-school relationship (Roorda et al., 2017). The proactive involvement and collaboration of parents can inspire teachers to adopt a more dedicated and accountable approach towards students, thereby enhancing the quality of the teacher-student relationship. Empirical research, drawing on data from the China Education Tracking Survey, corroborates this, indicating that a positive relationship between parents and teachers can prompt teachers to provide increased attention and support to students in the classroom.

On the other hand, the interplay between teachers and students substantially influences students' learning attitudes (McKinnon & Blair, 2019). Research overwhelmingly supports the pivotal role that teacher-student relationships play in children's school adjustment. Positive relationships and emotional exchanges between teachers and students can cultivate an advantageous learning environment and psychological support, stimulating students' interest in learning and enhancing their engagement with school and classroom activities, thus fostering a more positive learning attitude. Conversely, negative teacher-student relationships may lead to students developing adverse perceptions of school,

diminishing their motivation and interest in learning (Coggins & Carnes-Holt, 2021). Studies highlight the enduring impact of the home-school relationship on students' long-term development. For instance, teacher-student relationships established in kindergarten can predict academic achievements, learning attitudes, and behavioral norms in the later elementary grades, with such effects potentially persisting into middle school, particularly for boys. Drawing on attachment theory, researchers have posited that teacher support acts as a protective factor that encourages children to explore the school environment actively (Nam & Chung, 2021). Concurrently, studies grounded in self-determination theory offer alternative insights into how teacher-student relationships can affect academic outcomes (Olivier Archambault & Dupéré, 2018). This theory underscores that by providing care, an orderly environment, and opportunities for autonomous decision-making, teachers can fulfill children's psychological needs, thereby bolstering their intrinsic motivation for learning activities (Skalicka et al., 2016).

### **3. The influence of parent-teacher relationship on students' learning attitude**

Parental engagement is a cornerstone of children's learning attitudes and academic success. Research shows that positive parent-teacher interactions reinforce the value of education, set high expectations, and serve as role models, inspiring students to engage more deeply with their studies. This engagement builds students' confidence, encouraging them to face challenges and pursue advanced learning tasks, which in turn enhances their academic performance and fosters a sense of achievement.

Effective home-school collaboration, characterized by clear communication, active parental participation, and a thorough understanding of educational needs, is crucial. It significantly boosts students' motivation and curiosity, especially among rural primary school students. High parental involvement not only increases the desire to learn but also helps develop positive study habits and attitudes. Strong home-school relationships are vital for creating a supportive learning environment that corrects harmful study habits and instills a deep appreciation for the learning process. They also foster students' autonomy and intrinsic motivation, driving them toward higher academic goals.

## **4. Family teacher relationship improvement strategy**

### **4.1 Teacher aspect**

Teachers play a central role in nurturing home-school relationships and effective collaboration. Their expertise and professionalism are key to the quality of these partnerships. It's crucial for teachers to understand their role, take responsibility for children's education, and engage in open dialogue with parents, avoiding one-sided criticism to foster a positive dynamic and a cohesive educational approach.

Educators must also embody a positive educational ethos, showing passion for their profession, subjects, and students. Their demeanor directly impacts students' interest, motivation, and performance. Teachers should view teaching as a calling, stay current with educational trends, and refine their teaching methods to suit students' developmental needs.

Finally, establishing strong teacher-student relationships is vital for cultivating a positive learning attitude. These relationships, built on mutual understanding, trust, and respect, are largely influenced by teachers. Therefore, they must deepen their knowledge of child development and psychology, attune to students' emotional changes, and interact sincerely and respectfully to enhance students' adaptability in educational settings.

### **4.2 School aspect**

Expanding home-school communication channels is crucial, requiring innovative strategies beyond traditional conferences. Schools should promote active parental involvement through continuous, two-way communication, utilizing various platforms to monitor student progress. Initiatives like workshops, associations, and involvement days can amplify cooperation and maintain close ties with parents, as they play a key role in their children's education.

Raising parental awareness and fostering collaboration is vital; parents must understand their role and actively engage with schools. Schools can support this through cooperative bodies, training, and seminars, deepening parents' understanding and support for the school's mission. Simultaneously, enhancing teacher training in collaborative skills is essential for effective home-school partnerships. This includes both theoretical knowledge and practical skills, ensuring teachers are equipped to communicate and cooperate effectively with parents.

Lastly, regular assessments and feedback are imperative for continuous improvement. Systematic evaluation of home-school interactions, including frequency, quality, and impact, along with input from all stakeholders, can identify areas for enhancement. Consistent feedback ensures transparency and strengthens confidence in the success of the collaborative relationship.

## **5. Conclusion**

This study emphasizes the crucial role of positive home-school interactions in boosting students' academic performance and psychological well-being. It highlights the need for collaborative efforts where parents, teachers, and institutions play distinct roles. Active parental involvement and positive teacher interactions not only improve academic outcomes but also stimulate students' motivation and interest, providing essential psychological support.

The study also stresses the importance of teachers' professionalism and student-centered approaches in building positive relationships that influence students' learning attitudes and adaptability. Schools must refine home-school cooperation strategies, including improving communication, raising parental awareness, enhancing teacher training, and establishing regular assessments. These strategies aim to create a nurturing educational environment that encourages a positive learning mindset and beneficial study habits, leading to continuous academic improvement and the holistic development of personal qualities.

Effective home-school partnerships contribute to more than just academic success; they also foster the development of responsible, empathetic citizens with independent learning and problem-solving skills. Achieving these outcomes requires the collective and sustained efforts of all stakeholders involved in the educational process.

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